

AIYSC 2026: Session: 1: COACH Evaluation sheet for TEAM: AALSCHOLVE

Coachinfo: Warming up from: 17:30 until 18:20.

Teamleadmeeting @ 17:45

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M FREESTYLE MEN 15+							Heat:2, starttime:	
Heat: 2/5 Lane : 3 Athlete: HORDIENKO OLEKSANDR							Q-time: 04:36:21	
PB (50m pool): 4:36.21 Drachten 21 jun 2025				PB (25m pool): 4:32.68 SB:				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	31.08	1:06.12	1:41.99	2:18.78	2:54.09	3:30.04	4:04.21	4:36.21
	31.08	35.04	35.87	36.79	35.31	35.95	34.17	32.00

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+					Heat:8, starttime:	
Heat: 8/19 Lane : 8 Athlete: LUGTU FRANCINE					Q-time: 02:56:71	
PB (50m pool): 2:56.71 Amersfoort 22 feb 2026			PB (25m pool): 2:59.69 SB:			
	50 M	100 M	150 M	200 M		
PB	38.08	1:24.20	2:14.91	2:56.71		
	38.08	46.12	50.71	41.80		
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime:	
Heat: 5/15 Lane : 1 Athlete: MATTHEWS NORAH			Q-time: 00:36:63	
PB (50m pool): 36.63 Amersfoort 21 feb 2026		PB (25m pool): 36.11 SB:		
	50 M			
PB	36.63			
	36.63			
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY MEN 11+		Heat:7, starttime:
Heat: 7/16 Lane : 6 Athlete: HORDIENKO OLEKSANDR		Q-time: 00:31:63
PB (50m pool): 31.63 Alkmaar 24 mei 2025		PB (25m pool): 29.22 SB:
	50 M	
PB	31.63	
	31.63	
	

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+		Heat:11, starttime:
Heat: 11/16 Lane : 7 Athlete: BURGZORG AIDEN		Q-time: 00:29:61
PB (50m pool): 29.61 Eindhoven 20 mrt 2026		PB (25m pool): 30.79 SB:
	50 M	
PB	29.61	
	29.61	
	

Coach feedback: